



(Left to Right)  
 Bottom: Venus Thompson, Standing: Bill Collins, Mark Thompson, A Fowler (Coach) Mr. Ron Brandal.

# CROSS-COUNTRY

AHS's first endeavor with cross country was the fall of 1975. Cross country meets are run over a course of 3 miles in length. To win a meet a team must have at least 5 finishers with teams consisting of seven to twelve members. Having only four runners the season was obviously unsuccessful for AHS. However the harriers did have a time to cheer when Al Fowler won the league meet setting the league record at 18:10. Al set the AHS record with a time of 17:25 running against Fulton High School.



(Left to Right)  
 Standing: Mark Thompson, Alan Strouse, Robert Hammond, Bill Collins, Tim Sanders, Terry Beck, Kurt Bigelow, Rob Seals, Al Fowler, (Manager) Larry Tupica. (Sitting) Wayne Collins, Tom Densmore, Howard Peoples, Ken Stehlik, Tammy Slavik, Venus Thompson, Toni Brzak, (Coach) Mr. Gary Schestag.

# TRACK

The season started out slow as the team lost to their first two opponents but things began looking up as we won over five out of our last six opponents. The team ended with a 5-3 won and lost record in regular competition. The high point of the season was winning the MSAC League Championship.

